



**TRUMP**  
MAKE AMERICA  
HEALTHY AGAIN

## Issue Rulemaking: Require Labeling of Gluten as a Major Food Allergen

To MAKE AMERICA HEALTHY AGAIN, 12-year-old Jax Bari filed a Citizen Petition with the FDA to require the labeling of Gluten (Wheat, Barley, Rye & Oats) on all packaged foods in the U.S., just like Gluten must be declared on all food labels in 87 other countries (Docket: FDA-2023-P-3942). Until there's a treatment for Celiac Disease other than a Gluten Free diet, labeling Gluten will have the greatest impact on improving consumer safety and quality of life for 3.3 million American Celiacs, including 729,000 children. Since 2006, only Wheat has been required to be labeled in the U.S., but not Barley, Rye and Oats.

Labeling Gluten is in alignment with the conclusions of international food safety authorities and expert committees comprised of scientists, regulators, physicians, clinicians, individuals and risk managers from academia, government and the food industry, as well as consumers, including:

- 2021 Food and Agriculture Organization of the United Nations & World Health Organization Expert Consultation on Risk Assessment of Food Allergens, which included the FDA's Dr. Lauren Jackson, Chair, and the FDA's Dr. Stefano Luccioli.
- 2,600+ comments submitted to the FDA on requiring Gluten labeling, including from Children's Hospital of Philadelphia (Dr. Virginia Stallings, one of the world's foremost experts on food allergens and labeling), FARE (Food Allergy Research & Education), US Senator Dave McCormick, Governor Josh Shapiro, Consumer Reports, Penn Medicine, Harvard Medical School/Beth Israel Deaconess Medical Center, Beyond Celiac, National Celiac Association, Elijah-Alavi Foundation, Red Sneakers for Oakley, University of Pennsylvania Law School, etc. (FDA-2023-P-3942 & FDA-2021-N-0553)

*Food Allergies: FDA will develop guidance on diagnostics and treatments for food allergies. FDA will also make recommendations about requiring transparency in disclosures of ingredients that impact certain health conditions, such as gluten for those with Celiac disease, and other established food allergens.*

**Make Our Children  
Healthy Again Strategy Report**



**Jax Bari**

*Eating without fear is our hope. Food insecurity happens every day for Celiacs because of the constant threat of cross contact with Gluten, 80% of foods have Gluten in them, the high price of Gluten Free food, and Gluten is not required to be labeled on all packaged foods in the U.S.*

**Jax Bari, Age 12**

### CELIAC DISEASE OVERVIEW

- Celiac Disease is a potentially life-threatening food allergy and auto-immune disease that impacts at least 3.3 million Americans, greater than 1.0% of the general population, including 729,000 children.
- Gluten ingestion for people with Celiac can cause anemia, cancer, heart disease, immunological scarring, intestinal damage, malnutrition, etc.
- The only available treatment is strict adherence to a lifelong, Gluten Free diet. There is no rescue medication (i.e., epinephrine) in the event of accidental ingestion, and one cannot outgrow Celiac.
- 44% of people with Celiac Disease who follow a strict Gluten Free diet still get glutened once a month, and many with Celiac Disease pay over 40% more in annual healthcare costs.

